

# Transform Your Life...

....do you wish you could be more in control of your life, remove your fears and phobias, lose weight, stop smoking or change the way you look and feel about yourself?

Do you want to spend the rest of your life feeling unhappy and wishing things could be better? Just think about it...how would you feel one year from now if you did nothing, if you carried on limiting your life with unnecessary fears, continued over-eating, smoking and living with your emotional problems? How would you feel in five or perhaps even 10 years?

Do you want to stay as you are? The reality is that things are likely to get worse, not better, if you don't decide to do something.

Or, do you want to make a change and have the life you've always dreamed of?

**“Things do not change by themselves. You have a decision to make...do you want to be happy or not?”**

Well you CAN! Become the new you, the more confident you, feel and look great! It's no coincidence that you're reading this article now because deep down you know you want so much more from life.

So if you want that wonderful life, the healthier, confident, positive, motivated, more successful and happier you, then join us at our life-changing seminars.

Each of our inspirational seminars provide you with the wonderful opportunity to address your unique and personal needs. Our seminars are designed to give you the confidence and motivation you need to achieve whatever you want.



**‘Get Thin, Stay Thin’**  
Re-programme your mind to slim your body

**One Day Seminar**  
Montague Gardens Hotel, London WC1  
2 June 2007

- A proven way to lose weight naturally
- Keep weight off without dieting
- 7x more successful than any other diet
- Incorporating Paul McKenna's Easy Weight Loss system
- Eat what you want, when you want
- Increase your self-confidence
- Become the person you want to be
- By the time our seminar ends your relationship with food will change forever!

Limited places available  
Call Rosy or Belinda on 0800 002 5500  
secretsuccess.co.uk

Refer a friend and receive £50!  
Terms & Conditions apply



**‘Get Confident, Stay Confident’**  
Re-programme your mind for instant confidence

**One Day Seminar**  
Montague Gardens Hotel, London WC1  
30 June 2007

- Learn the secrets of naturally confident people
- Feel stronger in difficult situations & become confident in your everyday life
- Feel completely comfortable in your self
- Create confidence quickly & easily
- Have the power to go for anything you want in life
- By the end of our seminar your whole attitude to life will have changed for the better!

During our seminars, you'll learn some amazing techniques. By re-programming your mind to delete those unnecessary negative emotions, and installing a new, positive movie of the "perfect you" into your future, you will regain control of your life and release any fears and negative emotions.

Finally we will cement the secret of happiness into your unconscious. By this stage you have literally been re-programmed to change!

Prepare yourself though – you'll start to notice changes in your life after just one day. Sounds unbelievable doesn't it? Well we've helped so many people to do this now. All you need now is to make that decision...

**Call Rosy or Belinda on  
0800 002 5500**

**or visit [www.secretsuccess.co.uk](http://www.secretsuccess.co.uk)  
to find out how we can help you  
transform your life!**

## Future Secret Success Seminars

### 2 June - 'Get Thin, Stay Thin'

Re-programming your mind to slim your body and NO dieting involved

### 30 June - 'Get Confident, Stay Confident'

Creating confidence and motivation quickly and easily so that your whole life begins to change for the better

### 4 August - 'Break the Chain – Quit Smoking'

Re-programming your mind to become a NON-SMOKER, so you will have NO DESIRE to smoke ever again and NO cravings, anxiety, irritability or weight gain

### 11 August - 'Introduction to NLP'

Unlocking your mind's potential through Neuro-Linguistic Programming and learning how to take control of your life

**“Success is not the secret to happiness... happiness is the secret to success”**

# Secret Success Ltd